

## Verifying Insurance Benefits

This document will guide you through the process of checking your nutrition service benefits with your insurance plan to ensure that our time together is covered.

### Network Status

Access to Healthcare Network is an in-network provider with many insurance plans, including Medicare, Medicaid, and many private insurers. For questions regarding in-network plans, feel free to contact our Health Education department at (775) 284-1898.

***Please note that in-network status does not guarantee coverage of services.***

Nutrition coverage will vary based upon the client's insurance plan and medical diagnoses; therefore, we strongly recommend that you call your insurance company and confirm benefits prior to your first appointment. Please be aware that you will be responsible for any charges not covered by your insurance.

**To verify nutrition benefits, please call the member services number on the back of your insurance card and ask a representative\* the following questions:**

- Does my plan cover nutrition counseling and/or diabetes self-management education (DSME)?
  - Nutrition Counseling procedure codes: 97802 and 97803
  - DSME procedure codes: G0108 and G0109
- Does my plan only cover visits that are “medically necessary” or will they also cover preventive services?
  - If plan only covers “medically necessary”, which conditions are included?
  - If plan covers preventive, inquire about diagnosis code Z71.3
- How many visits are covered?
- Do I need a physician referral and/or prior authorization?
- Do I have a deductible to meet before insurance will pay? If yes, how much?
- Will I be responsible for a copay or coinsurance? Will this vary depending on if the appointment is billed as medical or preventive?
- Is nutrition counseling and/or diabetes self-management education covered when provided via telehealth?
- Is Access to Healthcare Network (NPI 1427457696) covered under my plan? If not, what are my out-of-network nutrition benefits?

Following these steps will help to ensure that you get the most out of your insurance benefits and avoid any financial surprises. Thank you for your cooperation!

*\*Be sure to record the representative's name and a reference number for your call. This information will be necessary should you ever need to dispute a rejected claim.*